



ADULT DANCE JOURNEY (2025/26)

DAY OF CLASS	LEVEL	EXAM GRADE (for those wanting to take exams)
Thursdays 6.00 – 7.00 pm	Beginners	Social Dance Tests
Not currently running	Next Steps Beginners	Social Dance Tests
Not currently running	Progressing Beginners	Social Dance Tests
Thursdays 7.00 – 8.00 pm	Beyond Basics	Pre-Bronze Dance Tests
Wednesdays 6.30-7.30 pm	Improvers	Bronze (or Below)
Wednesdays 6.30-7.30 pm	Intermediate	Silver
Wednesdays 7.30 – 8.30 pm	Advanced	Gold
Not currently running	Variations	
Thursdays 8.00 – 9.00 pm	Practice session	Any level

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