



## CHILDREN'S DANCE JOURNEY 2024/2025

Your children's dance journey is a progressive journey starting from the introductory age groups, where children attend with a parent/guardian to gain independence, physical literacy skills (putting them ahead of their peers by the time they start school) and confidence.

Once reaching the Dinky Dancers classes and beyond, we will aspire to inspire your child, help boost their confidence, self-esteem and creativity. Along the way they'll build vital life skills such as resilience and courage and become important team players, learning to work with others. All achieved through a world of music and dance – not just tuition in a specific dance style. *(The dance skills and genres we include are: Disco, Rock'n'Roll, Ballroom, Latin, Musical Theatre, Classical Sequence, with popular Ballet, Tap and Modern routines also being included at the younger age groups.)*

	<p><b><u>Little Bear Feet</u></b> (for children aged 18-30 months) + parent Saturday 9.00-9.30am</p>
	<p><b><u>Teeny Boppers</u></b> (for children aged 2-4 years) + parent Saturday: 9.45-10.15am for 2-3 year olds (waiting list for new class) Saturday 10.30 – 11.00 am for 3-4 year olds (limited places)</p>
	<p><b><u>Dinky Dancers</u></b> (children aged 4-6 years) unaccompanied This class will cover Rosette work and introductory grades Saturday 11.10 – 11.55 am (limited places)</p>
	<p><b><u>Mini Movers</u></b> (children aged 6-8 years) unaccompanied This class will cover the Rosette or Star Dance work and introductory grades Saturdays 12.05 – 12.50 pm</p>
	<p><b><u>Groovy Kids</u></b> (children aged 8-16 years) This class will complete Star Dance work and develop grade work Saturday 1.00 – 2.00 pm (level 1) – aimed at 8-10 years (limited) Wednesday 5.30 – 6.30 pm (level 2) – aimed at 10 yrs+ (full)</p>



## ADULT DANCE JOURNEY (2025/26)

DAY OF CLASS	LEVEL	EXAM GRADE (for those wanting to take exams)
Thursdays 6.00 – 7.00 pm	Beginners	Social Dance Tests
Not currently running	Next Steps Beginners	Social Dance Tests
Not currently running	Progressing Beginners	Social Dance Tests
Thursdays 7.00 – 8.00 pm	Beyond Basics	Pre-Bronze Dance Tests
Wednesdays 6.30-7.30 pm	Improvers	Bronze (or Below)
Wednesdays 6.30-7.30 pm	Intermediate	Silver
Wednesdays 7.30 – 8.30 pm	Advanced	Gold
Not currently running	Variations	
Thursdays 8.00 – 9.00 pm	Practice session	Any level

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